

Guidelines for Submissions for CSHT's *In Hand* Newsletter

In Hand is the newsletter of the Canadian Society of Hand Therapists. We aim to publish four issues per year. Our goal is to circulate to our membership articles with practical information about hand therapy as well as society news. We are focused on relevant, evidence-informed information, but are not a peer-reviewed publication with the ability to evaluate original research.

Who can submit

Anyone with an interest in hand therapy practice in Canada!

Types of Articles

We encourage many different types of submissions. Examples include:

- Articles with practical recommendations for hand therapists supported by clinical experience and/or cited research
- Profiles of hand therapists or other individuals who have made significant contributions to the field
- Descriptions and instructions for new and innovative orthotic techniques
- Personal essays about members' experiences in hand therapy
- Descriptions of new or innovative projects
- Reviews or summaries of previously published research articles relevant to hand therapy practice with the original citation clearly identified (e.g. refer to "Did you know about participatory ergonomics" in the Fall 2019 issue)
- Although we do not accept original research, we are willing to include descriptions of upcoming projects and include a call for participation from members of CSHT
- We also encourage OT/PT/OTA/PTA students with an interest in hand therapy to submit articles

Types of submissions we do not accept:

- As noted above, we do not accept original research (this restriction includes program evaluation)
- While we do accept articles which may support the use of a new product or material in relation to a clinical problem, we do not accept articles that read as pure product endorsement

Length of Articles

We generally encourage articles that are 1500 words or less. If your submission is longer than 1500 words, consider reaching out to discuss the length with the newsletter editor at cshtnewsletter@csht.org.

Citation Requirements

Please follow the American Psychological Association (APA) guidelines when citing external publications. A resource guide can be found here:

https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_format.html

Image Requirements

Submitting images is strongly encouraged! Please note it is your responsibility to ensure the following:

- The image is not under copyright, i.e. it is either your image, it has a creative commons license, or you have permission of the owner to reproduce the image
- You have the permission of any individuals in the picture to use their image

Editing Process

The CSHT Newsletter Editor may work with you on your submission. Generally, if substantive editing is required which may affect the overall structure or meaning of your work, this will be approached as a collaborative process. Brief editing (i.e. spelling, grammar, citations) may be performed without your input prior to publishing to facilitate turn-around. The CSHT Newsletter Editor and CSHT Executive will make the final determination on the content of all articles published in *In Hand*.

Questions?

Feel free to reach out to the CSHT Newsletter editor at cshtnewsletter@csht.org at any stage of the process!