

# 11<sup>th</sup> ANNUAL CANADIAN SOCIETY OF HAND THERAPISTS CONFERENCE



## HAND THERAPY: A FINE BALANCE

FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO



# CSHT 2018 CONFERENCE PROGRAM

## PRESIDENT'S MESSAGE

The Canadian Society of Hand Therapists invites you to attend our 11th Annual Conference being held in Ottawa, our nation's beautiful capital, on April 27 & 28th, 2018 at the Westin Ottawa. Our conference theme for 2018 is **HAND THERAPY: A FINE BALANCE**. The program focuses on the fine balance required in clinical decision making in hand therapy throughout the continuum of care.

Our Conference Committee has planned an exciting, enlightening program! We are pleased to announce that British Plastic Surgeon and Specialist Hand Surgeon Donald Sammut has agreed to be our Keynote Speaker. World renowned for his work as a hand surgeon, educator and medical illustrator, he is also the founder of the UK Charity, [Working Hands](#), which provides surgery to reconstruct and reanimate paralyzed hands in patients with leprosy, and teaches local surgeons. Ann Porretto-Loehrke, Physiotherapist and Certified Hand Therapist, will join us to present on nerve compression, adhesive capsulitis and to deliver workshops on nerve gliding and eclectic taping techniques. There will be a strong Canadian presence of invited speakers delivering oral presentations and interactive workshops. You are sure to benefit from our speakers' breadth of knowledge and experience, and the variety of clinical topics.

We also invite you to share your innovative clinical practice inquiries and/or the results of your research on hand and upper extremity topics. Please review our call for abstracts and consider sharing your expertise.

All the conference details, including online registration information is included in this brochure and on our web site at [www.csht.org](http://www.csht.org). Don't miss this opportunity to network with your colleagues from across the country!

Just steps from the Parliament Buildings, the historic Byward Market, the Rideau Canal and the National Gallery, the conference venue is ideally located for you to take in all that the capital region has to offer! Please take a moment to visit the Tourism Ottawa website to plan your visit. So please save the date and plan to meet us in Ottawa, our nation's beautiful capital, in 2018!

Marie Eason Klatt  
President – CSHT



FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO

# CSHT 2018 CONFERENCE PROGRAM

## FRIDAY, April 27

- 07:00 - 08:00**     **Registration and Continental Breakfast**
- 08:00 - 08:15**     **CSHT Presidential Address** (*Marie Eason Klatt*)
- 08:15 - 08:50     Nerve Anatomy of the Upper Extremity (*Donald Sammut*)
- 08:50 - 09:30     Nerve Compression - Evidence Based Conservative Treatment (*Ann Porretto-Loehrke*)
- 09:30 - 10:00     Nerve Versus Tendon Transfers- Factors Influencing Decision (*Kirsty Boyd*)
- 10:00 - 10:30**     **Poster Viewing, Exhibitors and Refreshments**
- 10:30 - 11:30     Tendon Transfers (*Donald Sammut*)
- 11:30 - 12:00     Rehabilitation Post Nerve/Tendon Transfers (*Carolyn VanGool/Lisa Hadley*)
- 12:00 - 13:00**     **Lunch**
- 13:00 - 13:30     Scientific Papers
- 13:30 - 14:00     Anatomy/Biomechanics of the Thumb (*Donald Sammut*)
- 14:00 - 14:30     Thumb CMC Osteoarthritis Surgical Options (*Hugo St Amand*)
- 14:30 - 15:15     Thumb CMC Osteoarthritis - Conservative and Post Op Treatment (*Barbara Shankland*)
- 15:15 - 15:45**     **Refreshments**
- 15:45 - 16:45     Break-Out Sessions
- 16:45 - 18:15**     **AGM**
- 18:15**             **Wine & Cheese**  
Special talk on Leprosy Surgery in Nepal (*Donald Sammut*)

## Friday Breakout Sessions Topics (1 hr)

- Somatosensory Rehabilitation for Neuropathic Pain (*Tara Packham*)
- Nerve Gliding/Flossing (*Ann Porretto-Loehrke*)
- Splinting Workshop (*Kyle Lee/Debby Schwartz*)

FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO



# CSHT 2018 CONFERENCE PROGRAM

## SATURDAY, April 28

- 07:00 - 08:00 **Registration and Continental Breakfast**
- 08:00 - 08:10 **Announcements**
- 08:10 - 08:40 DASH / Quick DASH (*Dorcas Beaton*)
- 08:40 - 9:10 Functional Hand Assessments - Are They Still Relevant? (*Karen Landry*)
- 09:10 - 9:40 Coping Strategies to Promote Engagement in the Upper Extremity Injured Client (*Theresa Straathof /Mary McNamara*)
- 09:40 - 10:10 Scientific Papers
- 10:10 - 10:40 **Poster Viewing, Exhibitors and Refreshments**
- 10:40 - 11:10 Adhesive Capsulitis - Evidence Based Treatment (*Ann Porretto-Loehrke*)
- 11:10 - 12:00 Exploring Cosmetic and Functional Prostheses for Clients with Single/Multiple Digit Amputations (*Nancy Dudek/David Nielen/client or therapist*)
- 12:00 - 13:00 **Lunch**
- 13:00 - 14:15 Case Presentations
- 14:15 - 14:30 Closing Ceremonies and Awards, Door Prizes
- 14:30 - 15:00 **Poster Viewing, Exhibitors and Refreshments**
- 15:00 - 16:00 Breakout Sessions

## Saturday Breakout Sessions Topics (1 hr)

- Treatment of the Stiff Hand (*Shrikant Chinchalkar*)
- An Eclectic Approach to Taping for the Elbow, Wrist, and Hand (*Ann Porretto-Loehrke*)
- Wrist Proprioception Techniques - Hands On Practical Session (*Dominique Beelen*)

FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO



# CSHT 2018 CONFERENCE PROGRAM

## KEYNOTE SPEAKER

### Mr. Donald Sammut FRCS, FRCS( Plast.)

**Donald Sammut** is a Plastic Surgeon and a specialist Hand Surgeon based in the UK. His clinical practice is divided between Bath and London and deals exclusively with Hand Surgery. His particular interests include the reconstruction of hands following trauma or degeneration, nerve and tendon surgery, the paralysed hand and congenital hand malformations.

He is a frequent lecturer at national and international scientific meetings. He is a teacher, training surgeons in Hand Surgery, and is involved in the preparation and conduct of Hand Surgery examinations.

He has created, and runs, anatomy dissection courses of the upper limb which have become established as core courses sponsored by the British Society for Surgery of the Hand. He is a lecturer in Anatomy at the University of Bristol.

He has established a program of Hand Surgery in Nepal, now in its 20th year, and travels there annually to reconstruct and reanimate paralysed hands in patients with leprosy, or the sequelae of scarring from burns, and especially to teach and train Nepali surgeons.

He is also an artist and an illustrator, of both medical and non-medical works.

[www.donaldsammut.com](http://www.donaldsammut.com)



FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO

# CSHT 2018 CONFERENCE PROGRAM

## FACULTY

### **Dorcas Beaton PhD, MSc, BScOT**

Dorcas Beaton is an occupational therapist by background, and worked clinically in upper extremity rehabilitation for many years before returning to school to complete a PhD in clinical epidemiology, specifically in the description and understanding of change in health outcomes. Her main interests are in measurement of patient reported outcomes (she is a developer of the DASH Outcome), as well as bringing these measures into frontline clinical care. She is an executive member of OMERACT (Outcome Measurement in Rheumatology) and consults with many organizations planning outcome measures and core sets for trials or clinical practice. Dr Beaton is based at the Institute For Work and Health where she is a senior scientist in measurement sciences as well as at the Keenan Research Centre, Li Ka Shing Knowledge Institute of St Michael's Hospital. She is an Associate Professor of Occupational Science and Occupational Therapy as well as at the Institute of Health Policy Management and Evaluation at the University of Toronto.

### **Dominique Beelen, PT, CHT**

Dominique Beelen is a physiotherapist with over 30 years experience in hand therapy. She has been working as an out patient hand therapist at the Ottawa Hospital since 1989. She has been a Certified Hand Therapist since 1992. She was a lecturer for 7 years at the University of Ottawa when the PT/OT program was at the undergraduate level. She has presented at a few hand and wrist related courses in the Ottawa /Eastern Ontario area over the years. Her hobbies include hiking, travelling and photography.

### **Kirsty Boyd MD FRCSC**

Dr. Kirsty Boyd has a clinical interest in peripheral nerve surgery, breast reconstruction and aesthetic surgery. After obtaining her medical degree in 2004 at Queen's University in Kingston, Ontario, she completed her residency training in Plastic and Reconstructive Surgery at the University of Western Ontario in 2009.

She went on to do 3 subspecialty fellowships including the Mentor Microsurgical Breast Reconstruction Fellowship at the University of Ottawa (2009), Aesthetic and Reconstructive Breast Surgery at the University of Toronto (2010), and an ACGME-accredited Peripheral Nerve/Hand/Microsurgery fellowship at Washington University in St. Louis, Missouri (2011).

Dr. Boyd was recruited to the University of Ottawa as an Assistant Professor in the Faculty of Medicine in 2011. She is co-founder of the Peripheral Nerve and Trauma Clinic. Dr. Boyd performed the first nerve transfers to restore hand function in tetraplegia in Canada. She is currently the Program Director for the Division of Plastic Surgery. Dr. Boyd serves as an expert independent assessor to the College of Physicians and Surgeons of Ontario and sits on the board for the Plastic Surgery Journal. She is the former president of the Young Plastic Surgeons Committee, the incoming president of the Group for the Advancement of Microsurgery in Canada, and has several roles at the Royal College of Physicians and Surgeons of Canada. She is the author of numerous publications including several book chapters and is the recipient of funding from several educational grants.

FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO



# CSHT 2018 CONFERENCE PROGRAM

## FACULTY

### **Shrikant J. Chinchalkar, M.Th.O, B.Sc.OT, OTR, CHT**

Shrikant J. Chinchalkar is a hand therapist at the Hand & Upper Limb Centre, St. Joseph's Health Centre in London, Ontario, Canada. He has over 45 years of clinical experience in treating upper extremity conditions and over 35 years of teaching experience. He designed and developed Hand Therapy programs at four major teaching centers in Canada including Roth-McFarlane Hand & Upper Limb Centre in London, Ontario. In addition, he designed WSIB Specialty, Brachial Plexus and Peripheral Nerve Injury, Elbow and Wrist Rehabilitation, and Hand Therapy Fellowship programs at this center. He conducted many instructional courses on upper extremity rehabilitation in over 25 countries in the world and has won many awards for his presentations. He has over 300 presentations to his credit. He was awarded the "Dr. Paul Brand Award of Excellence" by the American Society of Hand Therapists (ASHT), "Award of Leadership" by the Canadian Association of Occupational Therapists (CAOT), "Award of Excellence" by the Sisters of St. Joseph's Hospital, "Best Educator" by the Western University, "Most Outstanding Prestigious Alumni" by the Nagpur University in India, the "Lifetime Membership Award" by the Canadian Society of Hand Therapists and recently "Excellence in Teaching and Coaching" by the administration of the St. Joseph's Hospital in 2017. He authored five book chapters and has published 29 papers and 15 abstracts in numerous peer-reviewed journals related to Upper Extremity Surgery and Therapy.

### **Nancy Dudek MD MEd FRCPC Physical Medicine & Rehabilitation**

Dr. Nancy Dudek is a Professor in the Faculty of Medicine at the University of Ottawa. She received her MD from The University of Western Ontario in 1999. She became a Fellow of the Royal College of Physicians and Surgeons of Canada in 2004 in the specialty of Physical Medicine and Rehabilitation. In 2005 she completed a Master of Education program at the University of Toronto. She has a diverse clinical practice and works at The Rehabilitation Centre, the Ottawa Children's Treatment Centre and the Children's Hospital of Eastern Ontario. She focuses on Amputee Rehabilitation, Prosthetics and Orthotics. Dr. Dudek's academic interests are in Medical Education. She is the recipient of an Ottawa Hospital Compass Award, the Association of Faculties of Medicine of Canada Young Educators Award and the Dr. Meridith Marks Educator Award for Innovation & Scholarship in Medical Education.

FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO



# CSHT 2018 CONFERENCE PROGRAM

## FACULTY

### **Lisa Hadley, OT Reg (Ont)**

Lisa Hadley graduated in 1991 from McGill University. She brings a background of working in psychiatry, acute neurology, orthopaedics, geriatrics and private industry to her current practise of out patient hand therapy at the Ottawa Hospital. She has been working exclusively with the hand injured population for the past 19 years and continues to learn everyday from her colleagues and patients.

### **Karen Landry BScOT, MSc (Rehabilitation Research), CHT**

Karen practices Hand and Upper Extremity Rehabilitation in the private sector with Empower Physical Rehabilitation in Halifax, Nova Scotia and also holds a Career Stream Instructor position with the School of Occupational Therapy at Dalhousie University. With 31 years of clinical experience in the area of hand therapy, Karen values life-long learning to strive for excellence in providing therapeutic management following hand injuries, which is reflected in her clinical practice philosophy, teaching approach, and her research interests of functional recovery and return-to-work for hand-injured clients.

### **Kyle Lee OT Reg. (Ont.)**

Kyle Lee OT Reg. (Ont.) is an Occupational Therapist with 21 years of experience and has conducted in-services and workshops all across Canada and abroad. He has educated thousands of students and therapists on the topic of Thermoplastic materials and orthotic fabrication. He has been running the annual OT and PT orthotic labs at most of the Ontario Universities and OTA/PTA programs. He is regarded as one of the most knowledgeable therapists in Canada on the topic of thermoplastic materials and their handling characteristics. He previously worked at Smith and Nephew Rolyan and currently works at Remington Medical.

### **Mary McNamara O.T. Reg. (Ont.) and Theresa Straathof O.T. Reg. (Ont.)**

Mary McNamara O.T. Reg. (Ont.) graduated from Queen's University. Her initial area of work was in physical rehab settings and then she practiced 20 years at The Ottawa Hospital, primarily in the area of mental health. More recently, she has worked in the private sector facilitating sessions on coping strategies and mindfulness.

Theresa Straathof O.T. Reg. (Ont.) graduated from the University of Western Ontario and is in her 27th year at The Ottawa Hospital, where she has worked primarily in acute mental health.

Both share a strong interest in developing and delivering coping strategy education and hold a certificate in Adult Education from St. Francis Xavier University. They co-authored the book: Coping Strategies to Promote Occupational Engagement and Recovery: A program manual for occupational therapists and other care providers. The modules in this manual follow Kolb's process model for Adult Learning and focus on content such as goal setting, stress management, communication, healthy lifestyles, self-esteem and reframing negative thinking. This work was published in May 2017, and followed with a series of workshop presentations throughout Canada.



FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO

# CSHT 2018 CONFERENCE PROGRAM

## FACULTY

### David Nielen CPO(c)

David Nielen is a certified prosthetist and orthotist. He has worked at The Ottawa Hospital Rehabilitation Center for 25 years. He has worked with passive and functional upper extremity prosthetics and has a keen interest in functional, durable, low-cost solutions for partial hand amputations.

25 years ago David designed and fabricated a Trans Femoral Prosthesis Simulator that is used as a learning tool for Physio students, Medical residents and Prosthetist residents.

He is co-developer of the NoGomer™ wrist guard for snowboarding.

David has also participated in Foreign Aid work to provide prosthetic and orthotic services and education in Pakistan and Afghanistan and also Colombia, Haiti and the Dominican Republic.

### Tara Packham OTReg(Ont), PhD

Tara Packham is an occupational therapist with over 25 years experience in hand therapy. She is currently a postdoctoral fellow in the Michael G. DeGroote Institute for Pain Research and Care, and a sessional instructor at the School of Rehabilitation Sciences, McMaster University. Her clinical and research interests centre on pain and allodynia, upper limb rehabilitation, and outcome measurement. Aligned with the crafty OT stereotype and her fascination with tactile sensation, her hobbies include wet felting and sewing.

### Ann Porretto-Loehrke PT, DPT, CHT, COMT, CMTPT

Ann Porretto-Loehrke is a skilled clinician with a passion for teaching and clinical treatment of upper extremity disorders. She has been practicing for over 20 years and teaching continuing education courses for the past 12. She is the therapy co-manager of a large department at the Hand to Shoulder Center in Appleton, Wisconsin. Ann is a Certified Hand Therapist (CHT) and a Certified Orthopedic Manual Therapist (COMT) for treatment of the upper quadrant through the International Academy of Orthopedic Medicine (IAOM). She has extensive training in the evaluation and treatment of the upper quadrant. Ann completed a post-professional Doctorate in Physical Therapy (DPT) degree from Drexel University with a specialty in hand and upper quarter rehabilitation. She is also certified in dry needling through Myopain Seminars, as a Certified Myofascial Trigger Point Therapist (CMTPT). Ann previously served as an item writer and Vice-Chair of the Examination committee for the Hand Therapy Certification Commission (HTCC). She is a lead instructor who co-developed the Hand & Upper Extremity Track through IAOM, a set of 6 manual therapy courses designed specifically for hand and upper extremity specialists. She co-authored a chapter in Rehabilitation of the Hand & Upper Extremity on nerve compression syndromes of the elbow and forearm, as well as published an article entitled "Clinical Manual Assessment of the Wrist" in the 2016 Journal of Hand Therapy's special edition of the wrist. Ann has presented at American Society of Hand Therapists (ASHT) annual conferences, Canadian Hand Conferences, Philadelphia meeting, and Teton Hand Conferences.

FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO



# CSHT 2018 CONFERENCE PROGRAM

## FACULTY

### **Barbara Shankland, MSc, OT (C), erg. CHT**

Barbara Shankland is a graduate of the University of Western Ontario and McGill University and a Certified Hand Therapist. She is presently a full time faculty lecturer at the School of Physical and Occupational Therapy at McGill University. Clinically, she has more than 30 years of experience in upper extremity rehabilitation. She has presented at conferences at a local, national and international level.

### **Hugo St Amand MD FRCSC**

Hugo St Amand graduated from the Université de Montréal in plastic surgery in 2008. He did a fellowship at SUNY Upstate Medical University, Syracuse in 2009, in hand surgery and microsurgery. He was assistant professor in plastic and hand surgery at the University of Ottawa, TOH, General campus from 2009 to 2011. Since 2009, he is a plastic surgeon at the Centre Intégré de Santé et de Services Sociaux en Outaouais (hôpitaux de Hull et Gatineau). Since 2011, he is also part of the team at CEARMU (Centre d'Expertise des Victimes d'Amputation ou nécessitant une Revascularisation Microchirurgicale d'Urgence) at the CHUM-Montreal (Quebec Replant Center). He is also a clinical instructor at the Université de Montréal, CHUM.

### **Debby Schwartz OTD, OTR/L, CHT**

Debby Schwartz is a hand therapist with over 33 years of experience as a practicing clinician. She joined Orfit Industries America to promote product awareness and splinting education. Debby is an active member of ASHT and has participated in IFSHT meetings as well. She has presented on a variety of hand therapy topics both at national and international conferences, and has written a number of articles for hand therapy publications, including new orthotic designs published in the Journal of Hand Therapy. Debby completed her Doctorate of Occupational Therapy at Rocky Mountain University of Health Professions. She is presently co-authoring a textbook on orthotic fabrication.

### **Carolyne Van Gool, OT Reg (Ont), CHT**

Carolyne Van Gool is a graduate of the University of Toronto and is a Certified Hand Therapist. Clinically, she has over 20 years of experience working in hand therapy. She has been working in the Ottawa Hospital out patient hand therapy department since 2004. She works closely with Dr. Kirsty Boyd whose biography can be found in the program.

FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO



# CSHT 2018 CONFERENCE PROGRAM

THE WESTIN  
OTTAWA

## HOTEL INFORMATION

The 2018 Canadian Society of Hand Therapists will be held at the Westin Ottawa Hotel, located next to the Rideau Canal, and steps away from the Parliament Buildings, the historic Byward Market and the Ottawa River.

### The Westin Ottawa

11 Colonel By Drive  
Ottawa, ON K1N 9H4  
Toll-Free: (866) 716-8101

### Individual Room Reservations:

The CSHT Conference Group Rate is \$180.00 + tax per night for double occupancy.

The final day for delegates to reserve their rooms and receive the discounted rate is **Monday March 26, 2018** by 5 pm. After this the rooms and rate will be subject to availability.

Rooms can be booked on-line at [CSHT Annual Meeting 2018](#)

(OR copy and paste the following link into a web browser)

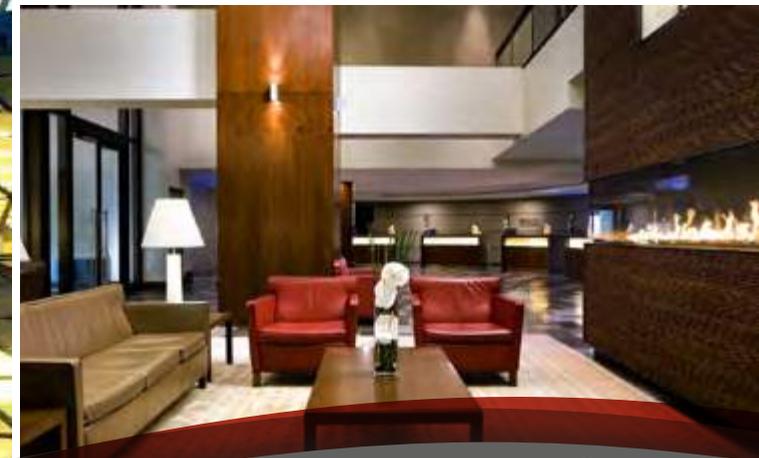
<https://www.starwoodmeeting.com/Book/CSHT>, or by telephone, 1-800-westin1.

### Ground Transportation:

The Westin Ottawa is located 15.9 km or 9.9 miles from Ottawa International Airport, easily accessible via taxi, and private or public transportation.

Taxis are stationed outside the airport at all times (approximately \$40 for the 30-40 minute ride).

Visit [www.thewestinottawa.com](http://www.thewestinottawa.com) for more hotel information.



FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO

# CSHT 2018 CONFERENCE PROGRAM

## CONFERENCE FEES

**Early Bird Deadline is**  
March 26, 2018

Register online at  
[www.csht.org](http://www.csht.org)

### CSHT Members

Full meeting early bird fees: \$495.00

Late registration: \$595.00

One day registration: \$310.00

### Non-Members

Full meeting early bird fees: \$595.00

Late registration: \$695.00

One day registration: \$395.00

### Rehabilitation Students / Rehabilitation Assistants

Full meeting: \$345.00

One day registration: \$265.00

### Cancellation Fee

A full refund minus a \$100 administration fee is available prior to April 1, 2018.

No refunds available after April 1, 2018.

## CONTINUING EDUCATION UNITS (CEU)

### CEU Certificates

13 contact hours (CEU) will be confirmed with an official certificate upon completion of the conference for registrants who attend both days. Contact hours will be adjusted for those registrants who attend only on one day of the conference. HTCC will accept these contact hours in Category A.

CSHT members who attend the Annual General meeting will also receive a separate certificate for 2 contact hours (CEU). HTCC will accept these contact hours in Category G.

Certificates will be sent by email in PDF format.

American attendees please note: Due to differing standards for each state, attendees are advised to check with their local state licensing board. CSHT believes the quality of our program meets the highest standards and should be accepted by most state licensure boards.

**Please forward any questions to:**

Joyce Farrell  
Conference Chair  
[handconference2018@gmail.com](mailto:handconference2018@gmail.com)

**Acknowledgements:**

Dominique Beelen,  
Main Program Chair

Karen Landry,  
Scientific Program Chair

FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO



# CSHT 2018 CONFERENCE PROGRAM

## Call for Papers: CSHT Conference, April 27-28, 2018

The Canadian Society of Hand Therapists (CSHT) invites you to share your innovative clinical practice inquiries and/or the results of your research on hand and upper extremity topics at the 11th Annual meeting in our nation's capital - Ottawa, Ontario. We welcome scientific or clinical abstract submissions, which are peer reviewed and may be accepted for an oral presentation or poster presentation. All accepted abstracts will be published in the CSHT newsletter - In Hand. Please note that CSHT allows abstracts previously submitted to other meetings. You may submit as many abstracts as you wish.

Scientific submissions include systematic reviews, scoping reviews, and original research in the quantitative or qualitative traditions.

Clinical submissions may include case studies, descriptions of new or newly adapted splint designs or other treatment strategies, or descriptions of clinical treatment programs.

### Format of Abstract Submission:

PLEASE ADHERE TO THE FOLLOWING FORMAT:

- Abstract submissions for a poster presentation should be a maximum of 250 words; no figures, tables or photographs
- Abstract submission for a paper presentation should be a maximum of 500 words; no figures, tables or photographs
- All submissions must include the following information:
  - Name of presenter (blinded for the review process)
  - Name(s) of co-author(s) (blinded for the review process)
  - E-mail address of primary author (blinded for the review process)
  - Title of presentation
  - Statement of Clinical OR Scientific submission
  - Statement of preference for a Paper OR Poster format

The presenter of the poster or paper must be registered for the conference on the day they are to present. Student rates are available.

### E-mail abstracts to:

Karen Landry  
Scientific Chair, CSHT Conference 2018  
landryk@dal.ca

### Deadline for abstract submission:

February 2, 2018

### Notification of abstracts accepted:

March 2, 2018

For more conference information,  
please visit [www.csht.org](http://www.csht.org).

See you in Ottawa!!

FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO



# CSHT 2018 CONFERENCE PROGRAM

As Canada's Capital, Ottawa is a hub for culture and history, being home to seven national museums that recount the tales of the country's colourful past. But in addition to all of that important historical content, there are various creative and entertaining things to do in the city for visitors. You'll surely be entertained in Ottawa at any time of the year.

Visit [www.ottawatourism.ca](http://www.ottawatourism.ca) to help plan your trip.



FRIDAY APRIL 27 & SATURDAY APRIL 28, 2018 AT THE WESTIN OTTAWA HOTEL IN OTTAWA, ONTARIO

