

## Meeting Hotel Information



The 2014 Canadian Society of Hand Therapists Conference will be held at the **Delta Halifax Hotel** in downtown Halifax, Nova Scotia. The Delta Halifax is located in the heart of the city making it ideal for exploring the quaint shops, lively pubs and charming harbor of Halifax.

### Services and Facilities:

Guest rooms feature high-speed internet access, an on-site restaurant,, adult fitness centre and pool. Please visit [www.deltahotels.com/Hotels/Delta-Halifax](http://www.deltahotels.com/Hotels/Delta-Halifax) for further details. Contact the **Delta Halifax** today to book your reservation.

The CSHT Conference Group Rate is \$139.00 + tax per night (standard room). Conference room rates are available until **April 1, 2014**. Call today, or go to the on-line booking tool – **Block Code "HAHAND"**

1-888-423-3582 <https://www.deltahotels.com/Groups/Delta-Halifax-Groups/Canadian-Society-for-Hand-Therapists>

## Conference Fees: Early Bird Deadline is April 1, 2014

Register online at  
[www.csht.org](http://www.csht.org)

### CSHT Members

Full meeting early bird fees  
\$450.00  
Late registration  
\$525.00  
One day registration  
\$275.00

### Non-Members

Full meeting early bird fees:  
\$525.00  
Late registration  
\$600.00  
One day registration  
\$350.00

### Therapy Assistants / Students

Full meeting \$325.00  
One day registration  
\$250.00

Cancellation Fee: A full refund minus a \$100 administration fee is available prior to April 1, 2014. No refunds available after April 1, 2014.

Please forward any questions to  
Amanda Higgins CSHT Secretary  
AHigginsOT@gmail.com

7<sup>th</sup> Annual

## Canadian Society of Hand Therapists Conference

The Canadian Society of Hand Therapists' mandate is to offer access to high quality educational opportunities related to practice in hand and upper extremity rehabilitation.

### Pearls in Hand Rehabilitation



**May 2-3, 2014**

**Delta Halifax Hotel**  
Halifax, Nova Scotia

Visit [www.csht.org](http://www.csht.org) for full program



**Limited Registration**

## Faculty

**Shrikant J. Chinchalkar, M.Th.O.  
BSc OT, OTR, CHT**

**Judy Colditz, OT/L, CHT, FAOTA**

**Marie Eason Klatt OT Reg (Ont),  
CHT, MScCH**

**Mark Davidson BSc PT**

**Trevor Fraser BSc(PT), CHT, CGIMS**

**Don Lalonde, MD, FRCSC**

**Jason McDougall, PhD**

**Jean-Francois Ouellet BSc OT, CHT**

**Tara Packham, OT Reg(Ont),  
PhD(c)**

**Lisa Rand BSc OT (Reg NS), CHT**

**Michelle Richards BSc OT (Reg NS)**

**Sylvie Rogan OT Reg(Ont), CHT**

**Debby Schwartz OTD, OTR/L, CHT**

**David Tang, MD, FRCSC**

**J. Andrew I. Trenholm, MD, MSc,  
FRCSC**

## Conference Program

May 2, 2014

7:00-8:00 **Registration and continental breakfast**

8:00-8:15 **Opening Address: CSHT President – K. Landry**

8:15-9:00 **Surgical Management of SLAC – Dr. A. Trenholm**

9:00-10:00 **Wrist and Hand Sports Related Injuries – J-F. Ouellet**

10:00-10:30 **Refreshment Break, Poster & Exhibitor Viewing**

10:30-11:30 **Take Your Meds: Best Practices for Exercise Dosages in the UE – T. Fraser**

11:30-12:00 **Clinical & Scientific Paper Presentations-Part I**

12:00-13:00 **Networking Lunch & Exhibitor Viewing**

13:00-15:00 **Concurrent breakout sessions:**

- **Anatomy Lab – Dalhousie University (2 hours)**
- **Tips and Tricks for Orthotic Fabrication with Orfit Industries – D. Schwartz (2 hours)**
- **Traction Splinting for Intra-articular Hand Fractures – T. Packham (2 hours)**
- **Privatization Focus Group – S. Rogan (2 hours)**

15:00-15:30 **Refreshment Break, Poster and Exhibitor Viewing**

15:30-16:00 **Nerve Transfers – Dr. D. Tang**

16:00-16:30 **Use of Cannabis-like Compounds to Manage Joint Pain – J. McDougall**

17:00-18:30 **CSHT AGM**

18:30 **Wine and Cheese Sociable**

## Conference Program

May 3, 2014

7:00-8:00 **Registration and continental breakfast**

8:00-10:00 **Keynote Address: Keep Your Hands Off My Stiff Hand – J. Colditz**

10:00-10:30 **Refreshment Break, Poster & Exhibitor Viewing**

10:30-11:30 **How to Get Better Results with Hand Fractures – Dr. D. Lalonde**

11:30-12:00 **Clinical & Scientific Paper Presentations – Part II**

12:00-13:00 **Networking Lunch & Exhibitor Viewing**

13:00-13:45 **Pearls from Years of Practice: Creative Solutions for Challenging Cases– M. Eason Klatt**

13:45-14:15 **Extensor Tendon Biomechanics – S. Chinchalkar**

14:15-14:30 **Closing Ceremonies**

14:30-15:00 **Refreshment Break, Poster & Exhibitor Viewing**

15:00-17:00 **Concurrent breakout sessions:**

- **Mobilizing Hand Stiffness in the Real World – J. Colditz (2 hours)**
- **The Shoulder - Proximal Control for Distal Function – M. Davidson (1 hour)**
- **Cumulative Trauma – S. Chinchalkar (1 hour)**
- **LRTI Management – L. Rand & M. Richards (1 hour)**

Visit [www.csht.org](http://www.csht.org) for descriptions of breakout sessions.

Program is subject to change without notice